



## Savvy Cycling

### *Traffic Skills 101 – Online format*

Bicycle Indiana is pleased to announce a new class format for Traffic Skills 101. Students can now take a portion of the program online, followed up by two evenings of road skills training/testing. The online portion must be completed before participating in the road skills portion.

Traffic Skills 101 is part of a training and education course developed by the League of American Bicyclists. This accredited program helps cyclists develop and hone their bicycling skills to ride confidently and legally in traffic or on the trail. The Smart Cycling program is a set of curricula for adults and children and the certified instructors that teach it. Smart Cycling classes are taught across the United States by certified League Cycling Instructors (LCI).

Traffic Skills 101 gives cyclists the confidence they need to ride safely and legally in traffic or on the trail. The course covers bicycle safety checks, fixing a flat, on-bike skills and crash avoidance techniques and includes a student manual. Recommended for adults and children above age fourteen, this fast-paced, nine-hour course prepares cyclists for a full understanding of vehicular cycling.

A small fee of \$25 per participant is charged to cover the training materials and administrative costs. Each participant will receive a certificate of completion upon successfully passing all modules of the course and will then be eligible for to take the LCI course.

**IMPORTANT** - There is a two-step registration process for the online class format:

#### **Step 1:**

- Register for the online course: <http://www.bikeed.org/>
- Choose Warren Smock for your instructor
- You can begin completing the course work immediately or you can access the online course at a later time.

**Note:** You do not have to complete the entire course at one time.

#### **Step 2:**

- Register for the “on-road” portion of the class at <https://www.jotform.com/form/10470536758>
- Select “date & location” for road skills portion of the course.
  - Once you have registered for your road skills course, we’ll send a confirmation that you have been accepted to the class you selected and with specific details of class location.

Class will be held rain or shine. Refunds are not typically provided; if someone is unable to attend their scheduled class, they can request to be re-scheduled in another course at no additional charge.

