



Traffic Skills 101 – Classroom format

Traffic Skills 101 is part of a training and education course developed by the League of American Bicyclists. This accredited program helps cyclists develop and hone their bicycling skills to ride confidently and legally in traffic or on the trail. The Smart Cycling program is a set of curricula for adults and children and the certified instructors that teach it. Smart Cycling classes are taught across the United States by certified League Cycling Instructors (LCI).

Traffic Skills 101 gives cyclists the confidence they need to ride safely and legally in traffic or on the trail. The course covers bicycle safety checks, fixing a flat, on-bike skills and crash avoidance techniques and includes a student manual. Recommended for adults and children above age fourteen, this fast-paced, nine-hour course prepares cyclists for a full understanding of vehicular cycling.

What you'll learn:

- Rules of the Road
- Road Positioning
- Bicycle Handling Skills
- Basic on road repairs (tire changing and emergency repairs)
- Much more!!!

Upcoming classes

September 16 & 17, Lafayette, IN (Friday evening, Saturday morning)

Register: <https://www.jotform.com/form/10470536758>

Class will be held rain or shine. Refunds are not typically provided; if someone is unable to attend their scheduled class, they can request to be re-scheduled in another course at no additional charge.